



SUNSHINE COAST BOWMEN inc.

SHOOT DAY RULES

THE CLUB RULES APPLY AT ALL TIMES

All Rules are to be followed by all persons on Club grounds. Any person breaching these rules may be asked to leave the grounds. All complaints are to be addressed to a committee member.

GENERAL

1. The First Aid Kit must be readily available when the ranges are open.
2. When not in use equipment should be hung on the pegs provided or stored safely.
3. ABA membership card must be carried when shooting at the club.
4. Full Camouflage clothing is prohibited on the range.
5. Closed-in shoes only to be worn. No thongs, etc.
6. Whistle or Horn Commands.

1 Blast,	All clear to start.
2 Blasts,	All Stop shooting
3 Blasts,	immediately stop shooting and wait for further instructions.

ON THE RANGE

1. No more than four archers per group.
2. Each group will nominate one person to be Captain of that group.
3. Always stay with your shooting group.
4. Do not shoot on the range if CLOSED sign is displayed.
5. Do not stand on marker if any person is forward of the marker.
6. Do not draw an arrow from the quiver unless standing on the marker.
7. Do not nock or loose an arrow unless the gallery is absolutely clear.
8. Do not loose an arrow unless target is clearly visible and free of obstacles.
9. Do not move forward of marker until all of the group have shot and group captain allows it.
10. Do not touch arrows in the butt unless you are the nominated "arrow puller" or instructed by the group captain.
11. Stand at least 2 arrow lengths away from arrows in butt unless otherwise instructed.
12. Arrows are not to be pulled until all have been scored.
13. The bow hand must not be raised above the top of the head when drawing the bow.
14. If arrows lost, do not hold up other shooters by looking for it. Return after the range is clear of archers. When looking for lost arrows, always have a person stand in front of the butt so others can see them, or leave your bow against the butt so it is visible.
15. Stand behind or out of peripheral vision of shooter, if not possible do not move until all arrows are shot.
16. When moving between targets do not cross a target lane unless absolutely clear.
17. If in doubt about safety issues, consult your Group Captain or Range Captain.

PRACTICE RANGE

1. Juniors and Cubs must be supervised on Practice Range by a senior.
2. Practice is only permitted when two or more archers are available.
3. The Practice Range is CLOSED while the RED range is in use.
4. The Practice Range may be open while BLACK range in use on instruction of Range Captain.
5. Do not shoot on the Practice Range if CLOSED sign is displayed.
6. A Shoot Coordinator should be appointed to control the Practice Range activities.
7. Do not move forward of the shooting line until instructed.
8. Move smartly to collect your arrows, and do not hold up other shooters.
9. When looking for lost arrows, always have a person stand in front of targets to warn others not to shoot.